

THE WESTERN SLOPE INSTITUTE

RE-DESIGN RE-IMAGINE RE-GENERATE

YOUNG ADULT

PatternWeaver Life Coaching Course

COLLEGE - CAREER - LIFE

IS THIS COURSE FOR ME?

Unsure about what steps to take next in life after high school or college graduation?

Searching for a unique identity and have questions about your purpose, values, and passions?

Examining the effects of climate change, political division, and technology overload?

Wanting to become clear about future educational or work environments while making a difference in the world and need help getting there?

Have a desire to become a more resilient person who can adapt to and overcome challenges in life?

Interested in engaging in sustainability projects to learn valuable skills?



OUTCOMES

Identify the themes and patterns in your life

Discover your passions and talents, and begin utilizing them as the blueprint to design your life

Develop lifelong skills and strategies to apply every time you encounter a challenge in life

Foster a greater appreciation of nature and increase your systems thinking skills to enhance your life

Uncover limiting beliefs that may be interfering socially, academically, and career wise

Dramatically increase the quality of your relationships

Learn Regenerative and Sustainability Design Skills

REMOTE



8 WEEKS

KOBE BIEDERMAN, PH.D.

MICHAEL ALLAN, LICSW, BCD



EXPERIENCE

Doctorate in Young Adult Education
Certified Colorado Teacher
College Professor for Prescott College
Systems Thinker
Outward Bound Instructor
Wilderness Orientation Program UCSD
Leadership in Training Program Director
Experiential Educator
Regenerative Practitioner
Director of Sustainability Studies



EXPERIENCE

Multi day workshop facilitator
Adjunct instructor University of Richmond
Clinical Director of 5 innovative programs
Conducted hundreds of family seminars
Speaker at national conferences
Director of two nature based emotional growth centers
Family Systems Facilitator
Young Adult Developmental Specialist
School Counselor

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